

# DIABETES PREVENTION PROGRAM



*Danyielle McGuire-Nelson, DPP Lifestyle Coach*

“When you learn, teach. When you get, give.”

It is my pleasure to serve in the Diabetes Prevention Program. As a past participant, I learned invaluable insights that changed my life! Now as a DPP Lifestyle Coach, I have an opportunity to give back to my community. My hope is to be a light to others in their pursuit of lifestyle change.

Are you at risk for Type 2 diabetes?  
Visit [beaumont.org/dpp](https://beaumont.org/dpp) to find out.

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